

**Train Yourself for Godliness**  
**1 Timothy 4:6-10**

*Those seeking to live godly lives should:*

I. Be a good \_\_\_\_\_ of Jesus Christ.

II. Maintain a \_\_\_\_\_ spiritual diet.

III. Live a spiritually \_\_\_\_\_ life.

IV. Be \_\_\_\_\_ to hard work.

V. Remain \_\_\_\_\_ on the goal.